

Forward Assist

Forward Assist peer led support groups and structured diversionary activities provide a service that reduces social isolation and promotes community engagement with other veterans on a daily or weekly basis. Forward Assist, helps individuals to navigate and access the multitude of organisations and services available to them in the civilian community whilst using activities and vocational skills based projects that enable veterans to gain nationally accredited qualifications.

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Telephone: 0191 250 4877

Website: <http://www.forward-assist.com/>

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Twitter: <https://twitter.com/ForwardAssist1>

Cost: Free

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