

Summer Solstice Celebration

Celebrate the longest day of the year when the sun is at it's peak!

12.00pm – Gentle Yoga with Yoga X Life Studios on the theme of growth and vitality.

12.30pm – Opening Circle with the opportunity to talk and listen about how we look after the things we grow.

12.45pm – Fancy dress parade guided by flags made by Dwellbeing members. Come wearing fancy dress on the theme of sunshine and growing for the chance to win a prize!

1.15pm – Dig up and share our collective garlic crop and plant sunflowers.

2pm – Community Meal made by Dwellbeing community chefs.

2pm – 3.30pm – Hooky/Proggy mat making in our quiet craft area.

2pm – 3.30pm – Games in the Park with Shieldfield Youth Programme

3.45pm – Closing Circle where we contemplate the effect of the changing seasons and cycles in our lives.

Last updated: June 11, 2026