

Fabric of us

Featuring playful movement, a giant white parachute, and an immersive soundtrack, The Fabric of Us is a joyful outdoor performance about connection, community, and the moments that bring us together.

Blending dance, movement, and the voices of people from across the North East, including community voices from Elswick, the show explores the stories, memories, and shared experiences that connect us all. These conversations are transformed into beats, melodies, and atmospheric soundscapes throughout the performance.

Warm, uplifting, and full of heart, The Fabric of Us celebrates the power of doing things together, because some things, like lifting a parachute or building a community, simply can't be done alone.

WHAT TO EXPECT

- A lively festival atmosphere with crowds and outdoor activity.
- A joyful, movement-based performance combining dance, physical storytelling, and immersive sound.
- Themes of connection, community, togetherness, and collective action.
- A giant white parachute that audiences are invited to interact with throughout the performance.

GOOD TO KNOW

- Performance duration: approximately 20 minutes.
- Audiences are free to come and go; stay for five minutes or enjoy the full performance.
- Suitable for all ages, especially families and intergenerational audiences.
- Audiences are welcome to sit, stand, move around freely, or simply relax and watch.
- You're invited to hold, move with, sit on, or lie beneath the parachute as part of the experience or just enjoy from the sidelines.
- This is an outdoor event, so arriving early is recommended for the best viewing spot.
- The performance is playful, inclusive, relaxed, and participatory.
- The show is led by movement, music and sound rather than spoken dialogue. It includes a soundscape of recorded spoken English and brief greetings in other languages. There will be a transcript available.
- 12.45pm performances have BSL interpretation.
- 2.15pm performances are audio described.

Last updated: August 7, 2026