

Carer Connection Support Group

A welcoming monthly support group for anyone caring for a family member or friend affected by dementia.

Whether someone has a dementia diagnosis, is awaiting diagnosis, or dementia is suspected, you are welcome to join.

Carer Connection is a relaxed and supportive space where carers can

- Meet others with shared experiences
- Access information and guidance
- Take part in wellbeing activities
- Build supportive connections
- Learn where to find help if needed

Call 0191 406 6674 or email dcscastle@ageuknorthtyneside.org.uk to register your interest.

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