

InformationNow News 28 August 2026

NEWS

InformationNOW

Thank you to everyone who came along to our focus group session. Your feedback was invaluable and you were so generous with your time and insights.

We're pulling all this information together now and will use it to improve InformationNow so that it works better for everyone who uses it. Stay tuned for our refreshed version coming up soon!

Visit www.informationnow.org.uk today and keep Newcastle connected.

World Alzheimer's Month

Millions of people are impacted by dementia and September is World Alzheimer's Month. There are plenty of ways you can get involved, whether by donating to fund vital research, volunteering your time, or campaigning to improve experiences.

[Click here to find out more](#)

Read more on InformationNow about <https://www.informationnow.org.uk/article/dementia/>

SPOTLIGHT ON

SOUL Film Festival – Tyneside Cinema

5 September 2026 1pm – Tyneside Cinema

Tyneside Cinema are hosting the UK's leading Black film festival, S.O.U.L Fest (Screening Our Unseen Lives), on Saturday 5 September. It provides a vital platform for Black filmmakers and Black audiences to come together and celebrate Black stories through film.

[Find out more here](#)

Read more on InformationNow about [Tyneside Cinema](#)

Older Voices Radio Show

6pm – 7pm every Wednesday

The Older Voices radio show is a weekly magazine programme produced and run entirely by volunteers from the Elders Council. It takes a different theme each week, as well as having regular items, stories and poems and a 'What's On' news slot.

[Find out how to tune in here](#)

Read more on InformationNow about [Elders Council of Newcastle \(Older People's Forum\)](#)

OPPORTUNITIES

Meningitis B

MenB is rare but can cause serious meningitis and blood poisoning, with young people living and socialising closely together at increased risk.

The free vaccine is available to eligible Year 13 students and anyone under 25 starting university or moving into halls of residence for the first time this autumn. Two doses are needed, four weeks apart, so it is important that those eligible come forward as soon as possible.

[Book a vaccination here](#)

Read more on InformationNow about [Baby, children and young people's health](#)

Accessible Shopping Experience at the Grainger Market

Tuesday September 2, between 2pm and 4pm

The historic alleyways and arcade will trial the slow shopping initiative to make shopping more accessible for people with visible, invisible, intellectual and cognitive disabilities – with the 80+ traders turning music off, allowing more time and support for customers, and avoiding deliveries where possible.

[Read more about it here](#)

Read more on InformationNow about [Grainger Market](#)

CONSULTATION AND ENGAGEMENT

Dementia Network Meeting

10.30am – 12.00pm on Tuesday 15 September 2026

Laing Art Gallery

This meeting is open to anyone with an interest in dementia. Please bring along any updates, resources or news you would like to share.

[Click on this link to confirm attendance](#)

Read more on InformationNow about [Search Newcastle](#)

Be a game changer

One in four adults will experience at least one mental health problem each year. Newcastle United Foundation is working to change that. Their Be A Game Changer campaign encourages everyone in our community to speak openly, access support and to prioritise physical and mental wellbeing.

Just like physical health, mental wellbeing needs looking after. But too often, people suffer in silence. Suicide is now the most common cause of death among men aged 20 to 49 in England and Wales, and sadly, the North East has one of the highest male suicide rates in the country.

[Find out more about the campaign here](#)

Read more on InformationNow about [Newcastle United Foundation](#)

REPORTS AND RESOURCES

HI NENC Impact report

From improving the early diagnosis of chronic kidney disease and supporting the NHS WorkWell programme, to empowering patients to shape pain management services through an innovative Citizens' Jury, HI NENC's latest report showcases the impact of collaboration, innovation and partnership working across the region.

[See the report here](#)

Read more on InformationNow about [Health Innovation North East and North Cumbria \(HI NENC\)](#)

Tablet training course

In partnership with Work & Thrive Central, Get Online Newcastle is offering free places on two 8-week tablet courses which will be delivered on Wednesday mornings and afternoons at Newcastle City Library on the dates below.

- 30 September 2026
- 7 October 2026
- 14 October 2026
- 21 October 2026
- 28 October 2026
- 4 November 2026
- 11 November 2026
- 18 November 2026

To complete the course and be gifted a tablet and SIM card, participants must attend be able to attend all 8 sessions.

Email Lisa.king@newcastle.gov.uk or call 07584 205925 to express interest.

Read more on InformationNow about [Get Online Newcastle](#)

Free arts and crafts course

Newburn Memorial Club, Newcastle

Every Thursday 10am – 12pm

Running every Thursday you will learn drawing, jewellery making, painting, printmaking and sewing.

No experience is needed and all materials are provided.

Call 0191 278 2818 or 277 3520 to find out more.

Read more on InformationNow about [Newcastle City Learning](#)

UPCOMING EVENTS

Trees of Great Park

10am – 11.30am, Friday 18 September 2026

Join James Common, NHSN senior botanist and author of Urban Flora of Newcastle and North Tyneside to discover the trees of Great Park.

Meet at the community centre at 10:00. Wear footwear you are comfortable moving in. All are welcome with a recommendation of being suitable for people aged 12 years and over.

[Reserve a spot here](#)

Read more on InformationNow about [Northumberland Wildlife Trust](#)

Discovery Night – Made at the Museum

Come along to the museum after-hours for an evening of crafts, archives, musical bingo and live music at the latest instalment of Discovery Nights: Made at the Museum.

This hands-on evening will give you time to create to your heart's content.

With a bar and more craft activities than you can wave a crochet hook at, from lace bobbin making to gelli plate printmaking – all topped off with live folk music.

Featuring:

- Live music from Newcastle's teen folk sensations, guitar and fiddle duo **Coled Lore** (8.30pm)
- Try a 'red list' heritage craft – bobbin lacemaking with Northumbria Lacemakers
- Explore material from Tyne & Wear Archives
- Musical Bingo in the cafe
- Explore and try sustainable gift wrapping
- Try gelli plate printmaking using acrylics
- Get stuck into collage badge making
- Bar and food available in the cafe.

Embrace the hand-made vibe in this after-hours evening of mindfulness with a museum twist.

[Book your tickets here](#)

Read more on InformationNow about [Discovery Museum](#)

NEW AND UPDATED ON INFONOW

Updated organisation

Throckley Community Hall.

The Community Centre offers a range of weekly activities.

Read more on InformationNow about [Throckley Community Hall](#)

Updated organisation

NALA

NALA is a free online guide to everything that has to be sorted out when someone dies. They also cover grief and where to find support, and how to get your own affairs in order before you need to.

Read more on InformationNow about [NALA](#)

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