Newcastle Singing for Lung Health

Newcastle Singing for Lung Health is a singing programme designed for people with long-term respiratory and lung conditions across Newcastle.

Newcastle Hospitals Charity will deliver weekly singing sessions, led by local singer and trained Singing for Lung Health facilitator, Liz Corney. The sessions will support participants to practise simple and fun vocal exercises and sing together.

This group is for those who'd like to:
– improve respiratory strength
– help manage symptoms of breathlessness
– feel part of a community
– support your wellbeing

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