

## Make Music Together

# Have fun with other carers and get creative at our Make Music Together group – no experience needed!

Make Music Together is a relaxed and supportive group for carers in Newcastle. You don't need any musical experience, just bring yourself.

This is your chance to express your creativity in a fun, low-pressure environment. You can take part in whatever way feels right for you: singing, songwriting, composing, listening, and having a laugh with other carers. If you have your own musical instruments, feel free to bring them along to our group.

Everyone is welcome to this group, even if you've never attended one of our previous sessions or just want to explore music and see what this group is about. **We would love to see you there!**

Light refreshments will be served at our Make Music Together group – when booking, please let us know if you have any dietary requirements or allergies.

### Ready to come along or want to know more?

To book your space or for more information, please [get in touch with us](#).

Call our Carers Information Line (0191 275 5060), or email [info@newcastlecarers.org.uk](mailto:info@newcastlecarers.org.uk). We're open 9am – 5pm on Mondays, Wednesdays, Thursdays and Fridays, and 1pm – 5pm on Tuesdays.

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