Understanding Your Baby

New group for parents and carers of a new baby. Come along, meet other parents and carers and get support from a friendly team. Bring your baby along with you.

Running for six Thursdays, beginning 1 October 2026.

If you would like to come, but transport or anything else is a barrier to attending, please get in touch as there may be help available.

For booking, or to find out more, come into Byker Sands Family Centre, Raby Cross, NE6 2FF, or call 0191 275 9636.

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