

Forget Me Not Friday

Enjoy a welcoming space with light refreshments, an opportunity to connect with others and have fun.

Two dedicated spaces: one for socialising and activities and one for carers for support, advice and information.

Open to people living with dementia and their carers who reside in Newcastle.

Held on the third Friday of each month from 1.30pm to 3pm

Last updated: September 25, 2026