Forget me not Friday

Enjoy a welcoming space with light refreshments, an opportunity to connect with others and have fun.

Two groups at the same time, so everyone has the space they need.

Two dedicated spaces:
– One for socialising and activities; and
– One for carers for support, advice, and information.

Open to people living with dementia and their carers who reside in Newcastle.

Held on the third Friday of each month from 1.30pm to 3pm

Please contact us on 0191 298 3989 or email on newcastle@alzheimers.org.uk if you would like attend or for more information.

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