Ceroc Newcastle

Ceroc is a very simple form of partner dancing – it's a little bit like Salsa in appearance but without the complicated footwork. It's very easy to learn. Dance classes are a good way to have fun while exercising. This is good for the heart and general wellbeing.

Classes cost £8. You must be a member to attend classes. Membership costs £2 and is a one-time payment.

Classes run on Monday and Tuesday evenings. The beginner class starts at 7.45pm and the intermediate class starts at 8.45pm.

Ceroc run their Monday and Tuesday sessions at different locations, please check their website for further details.

Last updated: October 14, 2022

Website: https://www.ceroc.com/

Email: cerocnortheast@gmail.com

Facebook: https://www.facebook.com/CerocNorthEast/

Opening Hours: Mondays and Tuesdays: 7.30pm to 10.45pm
Wednesday to Sunday: closed

Cost: There may be a cost to this service/support