

## National Autistic Society

The National Autistic Society – NAS – provide information, support and a range of useful services. These services support parents, people with a diagnosis of autism and professionals who support and advise people with autism, including school teachers. They support people looking for employment and offer befriending and support groups as well as information about benefits including carers benefits and respite.

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**Telephone:** 0207 833 2299

**Website:** <http://www.autism.org.uk/>

**Email:** [north.services@nas.org.uk](mailto:north.services@nas.org.uk)

**Website 2:** <https://www.autism.org.uk/directory/n/nas-tyne-and-wear-branch>

**Opening Hours:** Helpline opening hours:  
Monday-Thursday 10 am-4 pm,  
Friday 9 am-3 pm (excluding Bank holidays)

**Cost:** Free

**Address:**  
National Autistic Society  
2nd Floor Weston House  
42 Curtain Road  
London  
EC2A 3NH

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## Related Articles

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[Autism and local support services](#)

[Living with a long-term health condition or disability](#)