

Contact

Contact have a free telephone helpline and online support, information and advice for families with disabled children. They provide:

- A to Z of medical conditions and support available
- information on local support groups to support each other by sharing experiences and advice
- help to families to campaign, volunteer, fundraise and shape local services to improve life for themselves and others

Last updated: October 14, 2021

Website: <https://contact.org.uk/>

Helpline: 0808 808 3555

Free

Email: northeast.office@contact.org.uk

Related Articles

[Learning disability local support services](#)