

## Spinal Injury Association

Spinal Injury Association offer support to Spinal Cord Injured people, their friends and family. You can access local support and advice and awareness raising sessions are also available.

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**Website:** <https://www.spinal.co.uk>

**Email:** [sia@spinal.co.uk](mailto:sia@spinal.co.uk)

**Twitter:** <https://twitter.com/spinalinjuries>

**Facebook:** [www.facebook.com/SpinalInjuriesAssociation/](http://www.facebook.com/SpinalInjuriesAssociation/)

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