

Journey Enterprises Ltd

Journey Enterprises is a local north east charity providing life-skills and employability training for adults with learning disabilities and autism.

They have Day Centres and hubs in Newcastle (Kenton), Blyth, Hexham and Bishop Auckland. They support people with conditions such as Down's Syndrome, Williams Syndrome, Sotos, Prader Willi, Fragile X, Cerebral Palsy and autism.

You can be referred to Journey by your local council and through the NHS. Or you can contact them directly to self-refer

They can help you to develop life and work skills and to manage your health and wellbeing. You can take part in a programme of activities including:

- **small group activities** such as arts & crafts, catering, drama and puppetry, music and dance, IT, horticulture, woodwork, health and exercise, employability and enterprise. Activities are led by specialist Learning Disability Support Workers trained in health and social care and Positive Behaviour Support
- **employability support** with Work Coaches
- **volunteering opportunities** in Journey's Enterprises and with other organisations.
- **a range of activities in the community** and at Journey Enterprise
- **Travel Confidence Training** to help you learn how to travel independently on public transport
- **Community café** where you can buy a low-cost nutritious lunch. Refreshments are available throughout the day.

The Day Centre costs £39.60 a day. Transport is available to help you get to the Day Centre. It costs 45p per mile. If you attend the day service more than 3 days a week, transport costs are reduced.

Last updated: April 16, 2025

Telephone: 0191 484 1290

Website: <https://www.journeyenterprises.co.uk/>

Helpline: 0143 460 8118

Email: info@journeyenterprises.co.uk

Facebook: <https://www.facebook.com/JourneyNorthEast/>

Opening Hours: Monday to Friday 9.30am to 3.30pm

Cost: There may be a cost to this service/support

Address:

Journey Enterprises Ltd
Shandon Way Community Centre
Kenton
Newcastle upon Tyne
NE3 3RY

Related Articles

[Learning disability local support services](#)

[Autism and local support services](#)

[Day centres and services](#)

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