

The Care and Support Group

The Care and Support Group is a provider of home care and supported living services. They are registered with the CQC.

The Care and Support Group provides support for:

- Older people aged 65 years and over
- Adults with learning disabilities and/or autism
- Adults with mental health needs
- Adults with physical disabilities, including sensory impairment
- Adults with specific needs, such as dementia, end of life and palliative care, or sudden onset brain injury

What they offer

Home Care Services

- personal care: washing, dressing, daily routines
- preparing healthy meals and help with eating if needed
- household tasks to keep the home tidy, safe and clean such as laundry
- help to take medication and reminders
- help with shopping
- support to attend meetings, appointments and social activities
- companionship and help connecting to your community
- overnight care and respite services to give carers a break

Supported Living Services

- safe, supportive housing so you can live as independently as possible.
- Daily living support: help with your daily routine, managing your tenancy, and learning life skills.
- Health and wellbeing: support to stay healthy, build confidence, and become more independent.
- help to make friends, join in with your community, and work towards your personal goals.

Last updated: September 29, 2025

Telephone: 0191 563 4940

Website: <https://thecareandsupport.group>

Email: Newcastle@thecareandsupport.group

Facebook: <https://www.facebook.com/TheCareandSupportGroup>

Opening Hours: Monday - Thursday 09.00 - 17.00

Friday 09.00 - 16.30

Emergency on call service is operational 24/7 365 days a year.

Address:

The Curve, Suite 4
Newburn Riverside
Newcastle Upon Tyne
NE15 8NZ

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