

# **Routes Healthcare**

Routes Healthcare is a provider of home care services. They are registered with the CQC and inspected for their personal care service. You can read the full CQC report and rating below

### They support people over:

- 65 years
- 18 years with:
  - learning disabilities and autism
  - o mental health needs
  - physical disabilities
  - o sensory impairment
  - o dementia
  - o specific needs, such as, dementia, end of life and brain injury

### They can support you at home with:

- bathing and dressing
- · hair and foot care
- · preparing and eating food
- · medication and dressings
- hoists
- carrying out everyday tasks independently
- · keeping your home safe and clean
- getting around easily
- attending appointments and social activities
- collecting benefits/money
- shopping and chores
- letters
- friendship

#### Routes Healthcare is commissioned by Newcastle City Council

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