

## Potens

Potens is a home care and supported living agency. They support people over:

- 65 years
- 18 years with:
  - learning disabilities and autism
  - mental health needs
  - physical disabilities
  - sensory impairment
  - dementia
  - specific needs, such as, dementia, end of life and brain injury

They can support you at home with:

- bathing and dressing
- hair and foot care
- preparing and eating food
- medication and dressings
- hoists
- carrying out everyday tasks independently
- keeping your home safe and clean
- getting around easily
- attending appointments and social activities
- collecting benefits/money
- shopping and chores
- letters
- friendship

They also provide supported living accommodation.

**Commissioned by Newcastle City Council** to provide supported living accommodation

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**Telephone:** 0191 477 0719

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## Related Articles

[Home care](#)

[Supported living or housing services for people with a learning disability or autism](#)

[Services commissioned by Newcastle City Council](#)