

## Community Learning Disability Team at Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW)

Newcastle Community Learning Disability Team is a community team based at Benton House, Newcastle

The team works with adults who are 18 years and over who find it hard using mainstream services or who have specific mental health, physical health and challenging behaviour needs due to their learning disability.

The team offer support and treatment for mental health, physical health and offer a way of working with someone with challenging behaviour, and those around them, to find out the meaning behind their behaviour and think of better ways to manage it.

**Referrals:** you can refer yourself or on behalf of someone else, either by letter, phone or in person.

The Community team include: specialist doctors, nurses, speech and language therapists, physiotherapist, and other health care workers.

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Last updated: January 28, 2020

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**Telephone:** 0191 210 6868

**Website:** <https://www.cntw.nhs.uk/services/community-team-learning-disabilities-ctld-pbs-newcastle/>

**Opening Hours:** Monday to Friday 9am to 5pm

**Address:**

Benton House  
136 Sandyford Road  
Newcastle upon Tyne  
NE2 1QE

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