

## Willow View – Rehabilitation and Recovery Unit – Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW)

Willow View is a 17 bedded ward based at the St Nicholas Hospital, Gosforth.

It is for adults over 18, with a serious mental illness and complex needs who need rehabilitation in a safe place. They will receive support to help with rebuilding their living skills for a short or medium term period.

These living skills include:

- daily living skills
- developing social skills and interests
- improving self-esteem and self-confidence
- maintaining contact with family and friends
- managing problems with alcohol and/or drugs
- joining education and vocational programmes
- finding move-on accommodation.

Referrals: a request to be admitted to the unit can only be made through specialist mental health staff or care coordinator.

The inpatient staff include: specialist doctors, nurses and other health care workers.

Last updated: January 28, 2020

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**Telephone:** 0191 246 7241

**Website:** <https://www.cntw.nhs.uk/services/willow-view-rehabilitation-recovery-unit-gosforth/>

**Opening Hours:** 24 hours a day, 7 days a week

Visiting times

Every inpatient unit has different visiting times and you would need to check with nursing staff for these times

**Address:**

St Nicholas Hospital  
Jubilee Road  
Gosforth

## Related Articles

[Mental health emergency or crisis services](#)