

## Being well place at The Grainger Market

Being well place at The Grainger Market offers hands-on health & wellbeing resources, the latest caring technologies, and fun workshops designed to help everyone live well and age better

It also provides health checks, health information public events about health, ageing well, dementia and more

The Being well place is run by [Newcastle University's School of Pharmacy](#) and the [UK National Innovation Centre for Ageing](#) in partnership with Newcastle City Council



Last updated: October 22, 2024

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**Telephone:** 0191 211 5284

**Website:** <https://www.informationnow.org.uk/article/dementia-friendly-newcastle/#space>

**Opening Hours:** Weekdays 9 to 5 pm  
Saturday 9 to 5 pm

**Cost:** Free

**Address:**

Unit 86/101/102  
Grainger Market  
Newcastle Upon Tyne  
NE1 5QQ

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## Related Articles

[Dementia Friendly Newcastle](#)

[Dementia](#)

[10 Tips for good health](#)