

## Elswick Community Pool and Gym

Elswick Community Leisure Centre (Elswick Pool) is a community-run leisure centre in Elswick.

They have a large, accessible swimming pool, a gym, and offer a range of opportunities including children and adult swimming lessons, a range of exercise classes, and men and women only sessions.

Elswick Community Leisure Centre has a [Changing Place accessible toilet](#). These toilets have equipment is to help you to get on and off the toilet, or to change your continence pad. Such as a hoist, a height-adjustable changing bench and a shower. These toilets have more space so your carer or carers can help you if needed. There is a changing area with screens or curtains to give you some privacy.

They also have meeting rooms and venue space for up to 40 people available for hire. Wi-Fi and audio-visual equipment is available, as well as access to the swimming pool and gym for an additional cost. The building is wheelchair accessible.

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**Telephone:** 0191 481 4101

**Website:** <https://elswickpool.co.uk/>

**Email:** [info@elswickpool.co.uk](mailto:info@elswickpool.co.uk)

**Facebook:** <https://www.facebook.com/The-Friends-Of-Elswick-Pool-572260909578568/>

**Opening Hours:** Monday to Friday 7 am to 9 pm  
Saturday and Sunday 8 am to 3 pm

**Cost:** There may be a cost to this service/support

**Address:**

Elswick Park  
Beech Grove Road  
Newcastle upon Tyne  
NE4 6RS

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