

## TUC (Trades Union Congress)

The TUC (Trades Union Congress) is a national federation of trade unions in England and Wales. They can help you to find the right trade union for you that can represent and support you in the workplace. They have a northern office where they offer:

- training courses
- events
- campaigning on issues

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**Telephone:** 0191 227 5550

**Telephone note:** Northern office

**Telephone 2:** 020 7636 4030

**Telephone 2 note:** National TUC office

**Website:** <https://www.tuc.org.uk>

**Email:** [info@tuc.org.uk](mailto:info@tuc.org.uk)

**Website 2:** <https://www.tuc.org.uk/northern>

**Address:**

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